

ULLENS NEWS

Volume IV, Year 4, August 2009

Office of the Principal

"A teacher's purpose is not to create students in her/his own image, but to develop students who can create their own image"~ Anonymous

Dear Parents/ Guardians,

After two whole years of preparation and lots of hard work by the Ullens team, on 2nd June, 2009, the IBO granted the authorization to Ullens School to implement the IB Diploma Program from August 2009. Ullens is proud of making an international and world class education available at home. With its certificate to deliver this highly regarded international pre-university degree, Ullens School has achieved yet another milestone in the field of education in Nepal and created immense opportunities for Nepali students. I would like to welcome new parents of IB students and encourage your active participation in school life activities. I would like to request you to remind and encourage your child to keep focused on the importance of getting their work done. At this time of the year, with the holidays coming up, it is sometimes distracting to our students to the point that we forget what is important. I would also like to remind you the importance of making your house a great place for learning and inspiration for the children to be successful.

Thank you,
Medin Lamichhane

Ullens Wins the Monsoon Meet!!

Ullens School won the Fifth Monsoon Meet Basketball Tournament under senior boys' category on Monday, August 24, 2009. Ullens defeated LRI by 77 - 68. Ullens lost the first set 8 -19 but bounced back in the later quarters with 24 -14, 25 -19, and 20 -16 to win the trophy.

Our Grade 9 student, Nanda Chepang, did us proud by being named the Most Valuable Player towards the senior boys' category and scoring 25 points during the match. The school is incredibly proud of its team and commits to continue providing full support to the students' skills in sports.



UPCOMING EVENTS

Diversity Day	14 September, 2009
Dasain Holidays	19 September to 4 October, 2009
Tihar Holidays	17 to 20 October, 2009

Diversity Day

Ullens School is celebrating the fourth edition of Diversity Day, a trademark event of our institution, on September 14, 2009. It is a great opportunity for teachers, students and parents to promote their ethno-cultural diversity through different activities on this day. Action Team for Partnership, a joint committee between the school and the parents takes the leadership in organizing the event by actively involving the Special Events Committee at school, the school faculty, all of the parents and the students. We hope for the kind cooperation of all of the members of the Ullens School community for a successful event.

– Action Team for Partnership

Parents Teachers Conference 16 August 2009

Parents Teachers Conference was held for all grades on 16th of August for a thorough review and evaluation of the students' progress at school, the school's contribution and that of the parents in the childrens' performance in the last term. Narrative reports for Grades 1 to 3 were provided in advance so that parents could come to the individualized conference with relevant questions and feedback on their child's performance. Similarly, higher grade parents were provided with pre-conference sheets to highlight areas to be discussed during the conference. The individualized sessions were very helpful. Following the conference, parents were provided with post-conference sheets with an outline of areas for improvement and encouragement for every child. The School is thankful to the parents for their engagement and for ensuring almost 100% attendance.



Lecture by Deepak Thapa 18 August 2009

Editor of Himal Books and Director of Social Science Baha, Deepak Thapa delivered a lecture on the history of the "Gurkha" soldiers at Ullens school. Students of Grades 9, 10 and IB attended the lecture and gained new insights into this important phenomenon in Nepali history. As we are already reading world history at school, detailed information

Raise Your Voice Against Climate Change!!!

17 August 2009

- Students from grades 6 -10 attended a program arranged by students of SCHEMS (School of Environmental Management), meant as a campaign to get the voices of the Nepali Youth heard by global leaders. Students of SCHEMS visited Ullens School and made a presentation on the topic of climate change. Students of SCHEMS are volunteering for the Nepal chapter of a global campaign targeted at petitioning against industrial wastes and ozone layer depleting gases that are produced in excess by the developed nations of the west. The protest is against the adverse effects of such trends in industrialized nations, on climate change in the

Himalayas. The Nepal chapter of this global campaign is funded by WWF (World Wildlife Fund) and managed by a Nepali NGO, The Small Earth Nepal in many different parts of the country. The aim of the campaign is to collect more than 200, 000 signatures of the youth of Nepal and submit to the secretary general of UN, Mr. Ban Ki Moon through the medium of our Prime Minister. It is supposed to represent a strong voice of the Nepali youth against the emission of green house gasses and its adverse effects on our future. Ullens School students appreciate the objective of the awareness campaign and are proud to be a part of this environmental agenda to save our future.

- Reported by Shriya Singh Dhakal, Grade 10



on the "Gurkha" history and their role in the great world wars, was of great relevance to all of us. The speaker started off the lecture with queries to the audience and we enjoyed that aspect of his presentation. The question was on the meaning of the term, "Gorkha", "Gorkhali" and "Gurkha". After his queries were answered, he put forward his knowledge about how Nepal was formed and who struggled for it, details of our brave ancestors like Balbhadra Kunwar, Amar singh Thapa fighting for their motherland, and the treaties that were signed with the British. We came to know about the awful realities of Nepali soldiers who were sent abroad for wars and their family members. A student of Grade 9,

Esa, volunteered to read an excerpt from the book "Lahure ko Katha" representing the voice of the wives of the soldiers fighting other nations' wars in foreign territory and the fear they had to live with. It was heart-rending. After the lecture, we had a question and answer session and students participated enthusiastically and raised many interesting questions. Every one of us who was there came out learning many interesting facts about our motherland and its history. We appreciate Mr.Thapa for giving his precious time to us and sharing his knowledge.

us her quality time.

- Reported by Phurchoki Sherpa, IB

WELCOME NOTE

Nicole Jernee, a visiting scholar from Bank Street College of Education, New York will be working with Ullens School on Professional Development. She will be working with the faculty and the administration of the school for improving the teaching and learning environment

at Ullens School for the next 10 months. We welcome Nicole to Ullens and look forward to working with her for the development of our school programs.

Justin Fitch, a professional photographer from the U.S.A. will be helping Ullens School with photographing various school activities, within and outside the

classroom. He will also be conducting the afterschool ECA workshops for students on photography twice a week. We welcome Justin to Ullens and look forward to working with him on archiving our history through high quality photographs and the development of skills of our students.

IB NEWS

Orientation Week and Inauguration of IBDP 17 – 21 August 2009



Orientation for IB Students began on August 17 with an introduction to the entire school team, school premises and facilities, and the policies and guidelines of the school. Following two days were spent on detailed subject introduction and briefings on CAS, Academic Counseling and University Admission. The fourth day was spent on the introduction of

the IB core components i.e. the Extended Essay, Theory of Knowledge and Creativity Action and Service (CAS) requirements. As a part of the induction to Outdoor Leadership Skills (one of the CAS components), IB students were taken to the Pasang Lhamu Sport Climbing Center in Balaju. The Orientation Week came to a close with the Inauguration of the International Baccalaureate Diploma Programme by Honorable Dr. Arzu Rana Deuba at Hotel De L'Annapurna on Friday, August 21st. Regular classes are in full session now.



SPECIAL NEWS CORNER

Graduation Ceremony of the Class of 2009 21 August 2009

Graduation ceremony for the first batch of SLC graduates of Ullens School - the Class of 2009 - was conducted at Hotel De L'Annapurna on August 21, 2009. Visionary Educationist and Member of the National Planning Commission Dr. Tirtha Raj Khaniya was the Keynote speaker for the program. Speaking at the occasion Dr. Khaniya pointed to the fact that, "the school's desire and preparation for offering world class education has made it stand at the front while being quite young compared to several non-government schools in Nepal." The principal of the school, Mr. Medin Lamichhane outlined the school's history and highlighted its priorities and



the fact that education at Ullens School is fully committed to promoting good citizenship. Honorable Dr. Arzu Rana Deuba delivered the congratulatory speech during the program. Grade 10 students were also a part of the program to bid farewell to their seniors. Hritesh Chandra Regmi of Grade 10 performed a classical Nepali tune on the sitar

fantastically, as an ode to the Class of 2009. Ullens School graduates were honored with big rounds of applause during the public reading of their profiles and their parade in front of the guests. Students were awarded with school mementoes and urged to stay connected with Ullens School as active alumni by the principal.

QUESTIONNAIRE FOR EVALUATING READING ENVIRONMENT AT YOUR HOME

Guidelines: Please read the following statements and tick the appropriate box. Please count the number of 'yes' responses and find the percentage of your yes responses. Check where you stand in terms of creating a reading environment at home and turning your child into an enthusiastic reader.

S	Questions	Yes	No
1	I explore for things my child might like to read. I use her/his interests and hobbies as starting points.		
2	I leave all sorts of reading materials including books, magazines, and colorful catalogs in conspicuous places around my home.		
3	I notice what attracts my child's attention, even if she/he only looks at the pictures.Ê Then build on that interest; read a short selection aloud, or simply bring home more information on the same subject.		
4	I let my child see me reading for pleasure in my spare time.		
5	I take my child to the library regularly. I explore the child's section together.Ê I ask a librarian to suggest books and magazines my child might enjoy.		
6	I present reading as an activity with a purpose.		
7	I encourage older child to read to her/his younger brothers and sisters.Ê		
8	I play games that are reading-related.Ê I check my place for spelling games played with letter tiles or dice, or board games that require players to read spaces, cards, and directions.		
9	I share my reactions to things I read perhaps over dinner or in another informal setting, and encourage my child to do likewise.Ê		
10	I set aside a regular time for reading in my family, independent of schoolwork, the 20 minutes before lights out, just after dinner, or whatever fits into my household schedule.Ê		
11	I read aloud to my child when she/he is discouraged by his or her own poor reading skills.Ê		
12	I encourage my child to read aloud to me an exciting passage in a book, an interesting tidbit in the newspaper, or a joke in a joke book.Ê		
13	On gift-giving occasions, I give books and magazines based on my child's current interests.		
14	I set aside a special place for my child to keep her/his own books.		
15	I introduce the bookmark.Ê I remind my child that she/he doesn't have to finish a book in one sitting.		
16	I treat my child to an evening of laughter and entertainment featuring books!Ê A joke book, a story told in riddles, or a funny passage read aloud can reveal another side of reading.Ê		
17	I extend my child's positive reading experiences.Ê For example, if my child enjoyed a book about animals, follow up with a visit to a zoo.		
18	I offer other special incentives to encourage my child's reading.Ê I allow my child to stay up an extra 15 minutes to finish a chapter; promise to take my child to see a movie after he or she has finished the book on which it was based; relieve my child of a regular chore to free up time for reading.		
19	I limit my child's TV viewing in an effort to make time for other activities, such as reading.Ê But never use TV as a reward for reading, or a punishment for not reading.		
20	I do not think all reading takes place between the covers of a book.Ê I encourage my child to read menus, road signs, food labels etc. I take advantage of countless spur-of-the-moment opportunities for reading during the course of my family's busy day.		

S	Percentage	Description	Rating scale
1	Above 80 %	You have really put your effort to turn your child into an enthusiastic reader	A
2	Between 79 % & 60 %	You are trying to create reading environment at home and trying to turn your child into an enthusiastic reader	B
3	Between 59 % & 40 %	You really have to think about your effort to create reading environment at home.	C
4	Between 39 % & 20 %	You have done something negligible to create reading environment at home.	D
5	Below 20 %	You have not done how much you have to do to create reading environment at home.	E

ULLENS OUTREACH PROGRAM

Professional Growth and Development Training 7 August 2009

Ullens School has started working with community schools of our neighborhood towards school reform through teacher training and other support. The first batch of training on Professional Growth and Development is being conducted to teachers teaching different subjects in grades ECD to 8. The training started on August 7 and it will run until the end of December. We have participating Principals and teachers from Namuna Machhindra Aawasiya School, Lagankhel; Shree Moti Vinayak Lower Secondary

School, Dholahity; Shree Padma Prakash School, Dhapakhel and Shee Krishna Higher Secondary School, Dhapakhel. We have six very motivated trainers among us: Medin Lamichhane, Him Lal Ghimire, Bithika Subba, Rita Ale, Devaki Paneru and Shilu Karki. The trainers and the trainee teachers meet three times a week for two hours at 4:30 p.m. at Ullens school. Mondays are for subject wise training, Wednesdays are for group conferences and the Fridays are set aside for Philosophy/Pedagogy sessions. The subject sessions are very intense with lot

of activities centered on the subjects the teachers have been teaching and are also very rich in content. All the teachers bring the issues they have encountered in the classrooms to the conference, where the trainer points towards a solution or the participants openly discuss the problem and collectively search for a solution. All the participants meet on Fridays for the philosophy/pedagogy session, where there is a discussion about theories and techniques of learning, classroom management, child psychology etc.

Library Day Observed 31 August 2009

As part of the Outreach Program, Ullens School marked Library Day, by inviting and sharing its library with students of its neighborhood community schools. About 30 students and two teachers from each of the school that is part of Ullens' Outreach Program i.e. Namuna Machhindra School, Lagankhel; Padma Prakash, Dhapakhel; Moti Vinayak School, Dholahiti and Shree Krishna Higher Secondary School, Dhapakhel, visited the Ullens School Library. Students of the community schools browsed through the collection and spent about an hour

each reading books of their interest, in Nepali as well as in English. They also learnt about public libraries that are available to all within Kathmandu and Lalitpur. They were briefed on internet based reading options and got tips on developing a reading habit and visiting libraries. Altogether, 120 students of the four community schools got to use Ullens School Library on this occasion. The main objective of such programs is to increase access of the students of our neighborhood community school to resources within our establishment.



ULLENS FARM

A Report from the Farm 31 August 2009

Ullens Farm is located in Chhampi village, Lalitpur. It has the compound of about 18 ropanies.

The major attraction of the farm is the animals available there, especially the horses. According to Saroj Shrestha the manager of Ullens Farm, "There are 4 horses each having a proper name. There are 3 cows and 2 calves; 2 Dogs; 7 rabbits. There are also 47 ducks and 4 hens." Shrestha also added that the animals are looked after very well and also fed well. "The horses and cows are fed 3 times a day with daana, grass and hays," added Sudam Rokaya, the horse master. Similarly, the dogs are fed twice a day with rice and meat, the rabbits with carrot and grass and the birds (ducks and hen) with gahun and maize.

Various vegetables are grown here according to the season. But majorly grown vegetables are Cauli, Brocauli, Cabbage, Green beans, Spinach,

Tomatoes, Green Chillies, Raddish, Maize etc. These vegetables are sold to various places like the local market, Happy House children homes, Ullens School, Ullens Education Foundation etc. The rate of these vegetables is a little higher compared to the local market. But the vegetables are free of pesticides, fresh, and delicious.

Some of the major sources of income at the farm are: Selling milk and vegetables, horse riding, taking photos of the animals etc. Similarly, the major expenses of farm are: salary, medicine for animals, food for animals, giving training to the horses.

Though the farm is running well, it has a few problems. Since farm is close to the forest, there is always the chance of a jackal or wild cats taking away

the hen and the ducks. Students of Ullens School engage with the farm as part of their Learning by Doing exercises. However, the farm personnel feel that the more people get to know about it, the more it will help the farm flourish. Ullens Farm invites the community of parents to visit the farm for leisure, enjoy its peaceful environment and support it by buying its organic produce.
-Reported and Photographed by Dhiraj Rana Magar and Soyam Khanal, Interns at Ullens School.





Ullens Students win Art Competition Awards

22 August 2009

Several children from Ullens School participated in the Green Planet Art Competition organized by Syakar Company in Dhobighat on Saturday, 22nd of August. Prerana Dhakal of Grade 3 won the award for the Best Concept and Sunaina B.K. of Grade 4 won the 3rd prize in the overall competition.

१३ भाद्र, २०६६

गुरुकुल नाट्यमेलामा युलेन्स स्कूल

विद्यार्थीको व्यक्तित्व विकास, प्रतिभाको खोज, प्रदर्शन अनि विद्यार्थीलाई आफ्नो क्षमताको विकास गर्न सहयोग पुऱ्याउन छुट्टै नमूनाको रूपमा परिचित युलेन्स स्कूलले 'काचो माटो' नामको नाटक आयोजना गरेको थियो । उक्त नाटक युलेन्स स्कूलका नाट्य शिक्षक भोलाजी ले सिकाउनु भएको थियो भने युलेन्स स्कूलकै विद्यार्थीवर्गले अभिनय गरि पुरानो वानेश्वर स्थित गुरुकुल नाट्य पाठशालामा प्रस्तुत गरेका थिए । त्यहाँ युलेन्स

स्कूलको मात्र नभएर अन्य विद्यालयको पनि सहभागिता थियो । कतिपय विद्यालयको नाटक सकिसकेको थियो भने कति को बाँकी नै थियो । सम्पूर्ण प्रस्तुत हुने नाटकहरु विद्यालय नाट्यमेलाको सु-अवसरमा प्रस्तुत गरिएको थियो ।

नाटक बडो रमाइलो ढंगमा शुरु भयो । विच-विचमा त सबै जना पेट मिच्नेगरि हास्यौ । नाटकमा केही कलाकारहरुको हास्यव्यङ्ग्यले एकछिन त सारै घत लाग्ने गरेर हासायो । जति-जति विच-विचमा वती बन्द हुदै खुदै गयो हामीमा आफै रमाइलोपनको

भावना पलाउन थाल्यो अनि रमाइलोको आभास पनि भयो । हेर्दा-हेर्दै, रमाइलो गर्दागर्दै नाटक पनि सकियो ।

आफ्नै भाई-बहिनीले अभिनय गरेकाले हो की नाटकको विशेषताले पनि हो मलाई त नाटक साह्रै रमाइलो अनि फलदायक लाग्यो । अब आउदा दिनहरुमा पनि यस्तै फलदायक नाटक हेर्न पाउने आशाको त्यान्द्रो लिएर हामी सबैले आ-आफ्नो बाटो ततायौ ।

-कल्पना कार्की, कक्षा १०



TIPS FOR PARENTS

Dear parents/guardians,

Instead of the tips we provided you regularly, this time, we would like to help you know about the reading environment at your home. Please read the questionnaire attached with this newsletter and tick the appropriate box. You can tabulate your results based on the guidelines provided with the questionnaire. This is for your personal evaluation. There is no need to send the form back to school. We hope you find this questionnare helpful. Thank You!



A Center of Excellence in Education

Ullens School

Khumaltar -15, Lalitpur , Nepal
GPO Box. 8975, EPC 1477, Kathmandu ,Nepal
Phone: 977-01-5570724
Fax: 977-01-5570365
email : info@ullens.edu.np